

Helping each client take the next step!

Telehealth Consent Form Growing Steps Physical Therapy LLC

What is telehealth?

Telehealth is defined as the use of electronic information and telecommunication technologies to support long-distance clinical health care, patient and professional health-related education, public health, and health administration.¹

Telehealth is a way to provide health care services remotely using communications technology such a phone, computer, or tablet. Telehealth offers benefits: You don't have to go to a clinic to see your health care provider. You won't risk transmitting illness to others or getting sick from other people. Telehealth is an innovative way to access health care services, but also can present challenges:

- You and your provider won't be in the same room, so it may feel different than an office visit.
- Your provider may make a mistake because they cannot examine you as closely as at an office visit. We don't know if mistakes are more common with telehealth visits.
- Your provider may decide you still need an office visit.
- Technical problems may interrupt or stop your visit before you are done.

Will my telehealth visit be private?

- We will not record visits with your provider.
- If people are close to you, they may hear something you did not want them to know. You should be in a private place, so other people cannot hear you.
- We use telehealth technology that is HIPAA compliant, unless otherwise specified.

See Health Resources and Services Administration [HRSA], 2018. The State of Maryland defines telehealth similarly. See Maryland Health Occ. § 1-1001 and COMAR 10.32.05.02B



- If you use the Internet for telehealth, use a network that is private and secure.
- There is a very small chance that someone could use technology to hear or see your telehealth visit.

What if I try telehealth and don't like it?

- You can stop using telehealth any time, even during a telehealth visit.
- You can rescind your consent to receive services via telehealth at any time. Just let us know.

How much does a telehealth visit cost?

- There is no additional fee for telehealth. The same fees for in-person visits will be billed for telehealth appointments.
- Many insurance companies are now reimbursing for telehealth visits, so
 we recommend calling to confirm your plan's out-of-network benefits.
 As Growing Steps Physical Therapy LLC does not participate directly,
 we will provide you with an invoice that you can submit to your
 insurance company for reimbursement.

Do I have to sign this document?

No. Only sign this document if you want to use telehealth.

I have reviewed this document, had the opportunity to ask questions to my satisfaction, and would like to receive health services via telehealth.

Signature				Date
Circle: Patient	Parent	Legal Guardian	Other Relation:	
 Printed Name				